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The opinions expressed here do not necessarily reflect the views of every panelist each month. The Health Sciences Institute acknowledges occasional differences of opinion among panelists and welcomes the exchange of differing points of view.

HSI members are beating cancer today... while Big Pharma still scrambles to find a profit trail from this rainforest miracle

—by Michele Cagan

“Your case is hopeless.”
At least that’s what doctors keep telling HSI members with cancer...

That they have no chance of survival without chemotherapy and radiation.

That “there’s nothing else to try.”

That survival rates are dim.

But more and more HSI members are proving their doctors wrong.

And more people are finding out about the miraculous rainforest cancer cure that HSI members have had access to for more than a decade.

That includes researchers, once again excited by the potential of this powerful plant... and once again trying to turn it into a profit-making drug.

You don’t have to wait. Because this rainforest wonder is helping save lives right now, and it could save yours, too.

‘The doctor said I had no chance without chemotherapy...’

Late in 2011, Laura Grayson got the bad news: She was diagnosed with Stage 3 breast cancer.

Laura endured a mastectomy, and had eleven lymph glands removed. And then her doctor told her she’d need both chemotherapy and radiation to survive. When Laura hesitated to take those treatments, the doctor told her she had no other choice—it was her only chance.

Desperately afraid of chemotherapy because of other health issues (myasthenia gravis, which was now finally in remission, and shingles), Laura reluctantly underwent a round of chemotherapy. And, as she’d feared, her myasthenia symptoms reared up.

“It was terrifying. It hit my jaw and neck, and I had trouble swallowing. With myasthenia, you can’t talk or eat or swallow—and you can die if you can’t eat. I was more scared of that than of the cancer.”

So Laura stopped chemotherapy.

“But I’m still here!”

After her awful experience with chemo, Laura tried some natural protocols, but still had terrible effects, especially at her incision site. One product she read about in her HSI *Members Alert* (Essiac, which she still also takes) seemed to help for a while.

But then she got a “big swelling in my armpit, and my surgeon said it could be cancer.” It was lymphedema, which restricted her movement so much she couldn’t raise her arm above her shoulder.

And that’s when Laura read about graviola (in her HSI *Members Alert*), and started taking it immediately. “I took the graviola just once a day, and the swelling went down so fast,” she told me. “I was

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Our Mission

The *Health Sciences Institute* is dedicated to uncovering and researching the most urgent advances in modern underground medicine.

Whether they come from a laboratory in Malaysia, a clinic in South America, or a university in Germany, our goal is to bring the treatments that work directly to the people who need them. We alert our members to exciting breakthroughs in medicine, show them exactly where to go to learn more, and help them understand how they and their families can benefit from these powerful discoveries.

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Beat cancer with the rainforest miracle

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amazed, I couldn't believe it worked so well. It's all gone now, and I can raise my arm over my head—no swelling.”

“I'll be 77 next month, and I'm happy to be alive, and happy for HSI. I thank God for HSI, and the graviola is a Godsend, I would never be without it—I can't praise it high enough.”

“The doctor calls me ‘Miracle Lady.’ He told me I didn't have a chance, but it's two and a half years later and I'm still fighting, still here, and I still feel good.”

But Laura might not be in such good shape if HSI hadn't shined the spotlight on an atrocious cover-up.

HSI uncovered hidden research scandal

As an HSI member, you're probably aware of the appalling cover-up that almost kept graviola—one of nature's most potent cancer cures—hidden. Until HSI broke the story in 2001, and made sure members had access to this miraculous cancer destroyer.

That story began almost 40 years ago, when the US government (through its National Cancer Institute) performed the first recorded scientific research on graviola in 1976. Their results showed that Graviola was “found effective in attacking and destroying malignant cells.”

But for some reason (and it can't possibly be a good one), this information wasn't released to the public, instead kept buried in an internal report.

Coincidentally, sometime later, one

of America's biggest billion-dollar drug makers began searching for a cancer cure, and landed on graviola. Despite limited scientific evidence, the company poured millions of dollars into testing the tree's anti-cancerous properties, with shocking results: Graviola quickly and easily wiped out cancer cells. And that's where the story *almost* ended.

That pharmaceutical giant ran smack into a brick wall. They couldn't copy the power of natural graviola in the lab, and the plant itself couldn't be patented. No patent means no profits, so they took all their newly gained knowledge—that graviola could cure cancer—and locked it away, choosing to not publish their research findings.

Thank God that one brave scientist couldn't let the graviola story end there, and he brought that information to someone who could use it to help cancer patients. That someone was HSI panelist Leslie Taylor, and that once-hidden information has helped so many HSI members conquer cancer.

More research did trickle in over the years, and then it seemed to quiet down. But now, graviola research is heating up again.

“An exciting medicinal plant extract vs various cancer cell lines”

That's just an excerpt from the title of a new study¹ about graviola.

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Graviola fights more than cancer

In addition to its stunning defeat of many types of cancer cells, graviola has been used traditionally for centuries to treat dozens of ailments, including

- ▶ high blood pressure
- ▶ influenza
- ▶ rashes
- ▶ rheumatism
- ▶ arthritis
- ▶ ulcers
- ▶ diarrhea
- ▶ nausea
- ▶ indigestion
- ▶ muscle spasms
- ▶ insomnia
- ▶ infections
- ▶ malaria
- ▶ fever
- ▶ palpitations
- ▶ stress
- ▶ depression
- ▶ congestion
- ▶ parasites
- ▶ edema

Blood sugar drops 60 points in just three months... without injections or side effects

by Michele Cagan

If you're struggling to get your blood sugar under control, things are about to get easier.

Even if prescription diabetes drugs aren't working for you, even if diet and exercise aren't getting it done, this revolutionary ancient formula can help get those dangerous sugar spikes under control.

And unlike the most common diabetes drugs, this formula doesn't cause frightening side effects.

In fact, it does the opposite.

The right way to treat diabetes is the opposite

In ancient India, Ayurvedic healers had no concept of insulin or the pancreas, but they did understand a lot about a condition called Madhumeha, "honeyed urine."

So their medicinal focus addressed everything but insulin and the pancreas—the exact opposite of the way mainstream Western medicine deals with diabetes. And their understanding of this condition was very thorough, and brought much more complexity to the picture.

In fact, they identified 24 distinct types of diabetic conditions... and modern medicine is just beginning to catch up. Now doctors consider Type 2 diabetes, Syndrome X, prediabetes, and insulin resistance as separate conditions, but they still treat them all exactly the same way, impacting insulin directly.

Ayurveda uses a more holistic approach, which starts where blood sugar starts: with food.

The diabetes-digestion connection

In the Ayurvedic process, diabetes was brought on by a weak, unsupported digestive system. Without the vital energy needed to break down complex foods, the body—by way of

the brain—would begin to seek out simple foods, meaning fast sugars.

You see, your brain *loves* sugar.

And when complex foods aren't being processed efficiently, your stomach (in Ayurveda, the second brain) tells your brain to crave simple foods that digest easily and provide fast energy.

But when digestion is efficient, you get enough nutrients and proper energy, so your body stops looking for an easy out. Instead, it makes smarter use of the fuel it has, reducing that pull toward sugary foods.

So fixing problems with digestion, removing 'blockages' in the system, is the right start toward stabilized blood sugar. And the Ayurvedic approach changes the diet by telling the brain to crave different foods.

And that approach is the basis for a proven diabetes formula called GlucoCare®.

Blood sugar drops 60 points in just three months

Let's get right into this: GlucoCare has been the subject of some in-house studies and one published clinical trial. And in all four trials, the results were stunning.

The published study,¹ a gold-standard double blind, placebo controlled trial, followed 50 patients with diabetes (not insulin dependent) for three months. All 50 patients completed the study, with no reported adverse events (if that happened in a pharmaceutical drug study, it would make worldwide headlines).

And the results for the patients in the GlucoCare group were stunning. From the beginning of the trial to the end,

- Fasting blood sugar dropped by an average 50 points
- Blood sugar levels two hours after meals plummeted by an average

60 points (from a whopping 200 all the way down to 140)

- 76% of the patients reported "excellent" results

What's more, the overwhelming majority of patients in the GlucoCare group felt symptom-free by the end of the trial: no more excessive hunger or thirst, and an end to frequent urination.

And the in-house trials showed results that were equally impressive.

Blood sugar levels off, and symptoms disappear

The in-house, unpublished trials saw similarly amazing outcomes.

In one open study, 20 patients with prediabetes (also called impaired glucose tolerance) took GlucoCare for three months. By the end of the study, they saw an average 34-point drop in fasting blood sugar. Plus, after-meal blood sugar dropped an average of 40 points, from 192 at the beginning of the study all the way down to 152 at the end.

On top of that, the patients saw huge improvements in their symptoms, including tiredness and unexplained weight loss. And no one reported suffering negative side effects.

Another in-house study, this one placebo-controlled, included 30 diabetes patients. For three months, the patients took either GlucoCare or placebo. By the end of the trial, 87% of the GlucoCare group reported having a "very good response," and no wonder.

- Fasting blood sugar dropped an average 30 points
- After-meal blood sugar fell an average 50 points
- HbA1c levels decreased from 6.5 to 6.0

The formula is so effective because it takes a wholly different approach to

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Revealed (finally!): The sexual revitalizer so potent it was hoarded by royalty... so rare it's worth more than twice its weight in gold

by Michele Cagan

If your love life has been stuck in a slump, things may be looking up.

In fact, the best sex of your life could be yet to come, thanks to one of the most valuable secrets on earth...

A compound so rare that it's worth more than twice its weight in gold.

So prized for its revitalization powers that it was hoarded by royalty.

This precious compound may be just the thing to rekindle those bedroom fires, helping them burn brighter than they have in a long time.

And no matter what your sex life is like now—even if it's been weeks, months, or years since you've enjoyed uninhibited passion—what you're about to discover could help give you the gift of incredible sex, whenever the mood strikes.

Chinese emperor claims rare sex-energizing compound for himself

More than 5,000 years ago, high in the Himalayan mountains, the Sherpa noticed their yaks—those powerful beasts with thick fur and considerable horns—doing something very strange.

In the spring, as the snow melted high in the mountains, the yaks would start to climb. The massive beasts would sniff at the ground, as if they were looking for something. And soon, they found what they'd been searching for: a strange looking brown grass (at least that's what the Sherpa thought it was).

After the yaks ate all the “grass” they could find, the normally docile animals were overtaken with a “sex frenzy” that scientists might refer to as “intense rutting behavior.” And all the Sherpa could do was stay out of the way.

But they did get curious about the strange “grass.” And one summer, before

the yaks had eaten all of it, they picked some. And what happened to the yaks, started happening to the Sherpa.

Now, there are no written records of this experience—so we can only imagine the surge of sexual energy the Sherpa may have felt. And word began to spread about what the Sherpa came to call “summer grass.”

Soon the Chinese emperor heard about it, and had some brought to the royal palace. He must have been very impressed with the results, because he declared all “summer grass” his exclusive property, making it illegal for anyone but members of the royal family to possess.

The key to a satisfying sex life

For generations, this legendary compound remained a heavily guarded secret.

Then, finally, thousands of years after the initial Sherpa discovery, scientists at Peking University had a chance to study “summer grass” and its effects on animals. And they made an eye-popping discovery: “summer grass” isn't grass at all. Rather, it's a very rare type of mushroom, that scientists now call *cordyceps*.

And over the last 60 years, scientists have uncovered one fascinating property after another.

It turns out that cordyceps contains a unique mixture of natural chemicals including 3'-deoxyadenosine (also known as cordycepin) and 2'-deoxyadenosine. These two chemicals are believed to benefit the cardiovascular system, which may help explain how cordyceps boosts exercise performance and endurance¹ (so far only confirmed in animal studies). And we all know that performance and endurance are key components of a satisfying sex life.

And there's something about the special combination of all the natural

compounds in cordyceps that gave it the reputation of one of the most potent sexual “revitalizers” ever discovered, making it very much in demand.

But there's a catch.

So rare, it's worth more than twice its weight in gold

“Summer grass” is very rare... and the price reflects it. In fact, weighing in at more than \$50,000 a pound, it's one of the most valuable natural substances on earth. It's so prized, that it's worth more than twice its weight in gold.

The combination of scarcity and steep prices make it nearly impossible to get authentic “summer grass” in the United States (unless, of course, you plan to shell out thousands of dollars for a few teaspoons).

But a recent scientific breakthrough solves that problem—without sacrificing cordyceps' powers.

Like many prized mushrooms, cordyceps requires very specific conditions to grow—and those exact conditions exist only on scattered patches of land in the Himalayas, and only for a brief time every year.

And now, finally, after years of painstaking research, a small company in Southeast Asia has recreated those conditions in their cutting edge lab... and managed to create a new “summer grass” called CS4.

A pleasurable impact on performance

To make sure their CS4 extract lived up to the legend, the company commissioned a pilot study.² For this small double blind, placebo controlled prospective study, fifteen people (aged 50-75) took either CS4 or placebo three times daily for twelve weeks.

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Beat cancer with the rainforest miracle

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And while this isn't the only new study to bolster graviola's astounding anti-cancer properties, it does make something very clear: They're looking for a way to turn some compound from this miracle plant into a patented drug. In fact, in their conclusion, the researchers write: "These potential leads could make a great impact in which it could help to accelerate the pipeline of drug discovery." (Oddly

enough, these researchers also write "Nature is the world's best chemist.")

And their excitement probably comes from the growing body of evidence that graviola has a very high kill rate against cancer cells... but leaves healthy cells alone.

10,000 times more potent than chemotherapy

Over the years, there have been several studies investigating the cancer-

killing powers of graviola... and the results have been eye-popping.

So far, we know that graviola and the unique compounds it contains can clobber many types of cancer, targeting and killing malignant cells while leaving healthy cells alone. It's been proven to defeat several cancers, including

- ovarian cancer²

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The sexual revitalizer prized by royalty

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In that time, the CS4 boosted metabolic threshold and increased ventilatory threshold, two standard measures of exercise performance. And improvement on both fronts lead to enhanced aerobic performance in the subjects taking CS4.

And that's not the only way CS4 performs.

In one animal study,³ it

- improved the markers of "sexual activity"
- positively impacted learning and memory
- produced a measurable anti-aging effect

So it looks like CS4 could have a pleasurable impact on your sex life... and it's about to go one better.

A measurable increase in pleasing power

The formula doesn't stop with CS4, as potent as it may be.

To help you reach your full sexual potential, CS4 is combined with a powerful but little-known amino acid. Because as prized as CS4 is for enhancing sexual energy and youthfulness, it's not well known for boosting erections. And that's where this amino acid called L-citrulline comes into the picture.

And despite the puzzling fact that it hasn't hit the headlines (yet), L-citrulline may be nature's best-kept secret for maintaining rock-hard erections.

In fact, in one small study,⁴ half of the men involved saw simply stunning results: a *measurable* increase in the firmness of their erections. What's more, the men who enjoyed those measurable results reported "being very satisfied."

The better way to get a sexual boost

The results of that pilot study make a lot of sense.

After all, L-citrulline boosts levels of L-arginine, the precursor of nitric oxide (NO), a powerful erection enhancer that helps relax smooth muscle so you can maintain plenty of blood flow.

Now, you may be thinking: Why not just take L-arginine? Well, when you take L-arginine orally, it's digested in a way that makes it tough for your body to convert into NO.

In fact, one small pilot study⁵ found that when healthy volunteers took ten grams (that's a lot) of L-arginine in an oral supplement, it was only around 20% bioavailable. (If you've ever tried an arginine-based supplement, and if it didn't work for you, that could be why).

L-citrulline, on the other hand, is absorbed more easily. Once it's in your bloodstream, L-citrulline gets converted into arginine to give you that dramatic boost you're looking for. And researchers discovered⁶ that taking L-citrulline increases blood levels of L-arginine bet-

ter than taking L-arginine itself... as well as boosting NO, a compound crucial for "wow factor" erections.

This combination—the erection "X-factor" you can get from L-citrulline plus the energy and sexual revitalization you can get from CS4 extract—could be just what you've been looking for to turn up the heat in your bedroom once again. And there's only one way to get this exclusive combination, in a product called Command Performance.

Revitalize your sex life with Command Performance

Get ready for some amazing sex... no matter how long it's been since those bedroom fires cooled down... with Command Performance.

You could start noticing a change—like more passionate energy—within a week or two, but (as with many natural products) the full impact could take a little longer.

The manufacturer, NorthStar Nutritionals*, recommends taking three capsules daily. You can find ordering information for Command Performance in your Member Source Directory on page 8. **HSI**

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The better way to beat diabetes

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controlling blood sugar, vastly different than diabetes drugs.

And it starts with the “Sugar Destroyer.”

Ancient “Sugar Destroyer” curbs cravings and protects your pancreas

When blood sugar runs out of control, the “Sugar Destroyer” can get your levels back on track. This ancient Ayurvedic herb, known as *gymnema sylvestre*, is renowned for its impact on diabetes, and dozens of studies support its effectiveness.

In fact, this herb helps diabetic patients in several different ways²:

- keeps blood sugar levels steady
- slows down glucose absorption
- controls sugar cravings by changing your tongue’s reaction to sweets
- helps regenerate precious pancreas cells
- promotes weight loss
- lowers cholesterol and triglycerides

And along with the sugar-busting power of *gymnema* come other Ayurvedic staples, each bringing a unique tactic to help you defeat diabetes.

What does this have to do with cholesterol?

It’s a frustrating fact: people with diabetes usually struggle with high blood levels of cholesterol and triglycerides, setting them up for heart disease and stroke.

And while prescription diabetes drugs—with their very narrow focus—don’t really address blood fats, GlucoCare does by recruiting one of the oldest and most renowned herbs in Ayurvedic medicine: guggul.

Guggul is well known as a cholesterol controller,³ helping boost healthy HDL cholesterol levels while it keeps a lid on LDL and triglyceride levels, helping protect your entire cardiovascular system.

And a brand new study⁴ reveals

another way that guggul can help diabetes patients: it helps reduce appetite. Now this was an animal study, but the results were very promising. Special compounds naturally found in guggul (called guggulsterones) were able to “significantly reduce food intake and limit body weight gain.” The researchers also reported substantial decreases in glucose and triglycerides.

Triple action in a single (bitter) fruit

For generations, bitter melon (also called bitter gourd) has been used to treat diabetes. And now, thanks to some very enlightening studies, we know just why this natural fruit makes

*Traditionally, bitter melon has
been used to treat gout, kidney
stones, and snakebites.*

such a big impact on blood sugar.

The fruit contains many active compounds that, in addition to making it taste bitter, have anti-diabetic properties. Like polypeptide-P, a compound that works like insulin to help your body use sugar more efficiently. And charantin, a substance proven to lower blood sugar. With these compounds and more, bitter melon impacts diabetes by⁵

- boosting insulin secretion by the pancreas
- reducing the amount of glucose taken in by the intestines
- improving glucose uptake and use

A new study⁶ found that bitter melon can help improve insulin sensitivity in patients with Type 2 diabetes.

And let’s not forget that several human trials have been run to test the diabetes-fighting powers of bitter melon. One of the most promising studies⁷ found that bitter melon significantly reduced fructosamine (a measure

of long-term glucose levels) in patients with Type 2 diabetes.

Jumpstart digestion to manage blood sugar

Because digestion plays such a big role in the Ayurvedic perspective of diabetes, GlucoCare incorporates two cornerstones of Indian digestive medicine.

Trikatu, “three pungents,” combines Indian long pepper, black pepper, and ginger. This potent combination stimulates your digestive juices, and really jumpstarts digestion, so you don’t end up feeling bloated and over-stuffed after a meal.

Triphala, “three sours,” holds three fruits from the myrobalan fruit family tree: amla (also called amlaki), haritaki, and vibitaki. This mix works on your lower digestive system, helping tame inflammation in the intestines, encouraging more regular movement. Plus, taking *Triphala* can help tame those insistent sugar cravings.

In Ayurvedic medicine, these two trios are used all the time for digestive support. And since digestion plays such an important part in blood sugar management, a complete formula has to include them.

Real results underline GlucoCare’s effectiveness

GlucoCare is backed by stunning study outcomes and time-proven ingredients. Sometimes, though, it helps to hear about personal experiences...

Dana R. had this to say: “I had a 120 fasting glucose reading and was told I was prediabetic. I was given 3 months to bring it down. Along with diet and exercise I took GlucoCare (1-2 caps per day) and my next reading was 91. I’m amazed.”

Sharon L. said, “It works! I have been using Himalaya Herbal GlucoCare for over a year now and it really helps in regulation of blood sugar levels. I have experienced no side effects and the

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Beat cancer with the rainforest miracle

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- pancreatic cancer^{3,8}
- liver cancer⁴
- breast cancer^{5,6}
- lung cancer⁷
- prostate cancer⁸

What's more, graviola extracts work even with cancer cells that have become resistant to chemotherapy. And when compounds (known as acetogenins) from graviola were put to the test against a chemotherapy drug called adriamycin, the natural compounds beat the drug, hands down.⁸

As crazy as it sounds, the researchers found that just one compound alone was up to 1,000 times more potent than adriamycin against pancreatic cancer cells. And when they tried mixing two of the compounds together, that mixture was "over 10,000 times cytotoxic as adriamycin."

So the question remains: If graviola works even half as well as it seems to, why isn't it a cancer-curing standard?

It's all about the money...

Graviola still has a long way to go before mainstream medicine will even begin to accept it as a cancer treatment.

Because the studies are limited, and mainly conducted in test tubes and lab animals, the medical community can't recognize it (at least not officially). Until there are human clinical trials, graviola will continue to be ignored by the cancer industry.

And the sad truth is that without the potential to make billions from a patented drug, pharmaceutical companies won't invest the money to conduct those double-blind, placebo-controlled studies on humans.

But that doesn't mean people like Laura Grayson aren't already using graviola to fight cancer... and winning.

Before you try Graviola...

If you decide to try a graviola to help you fight and defeat cancer, there are some things to keep in mind (this is based partly on the experience of HSI

members who reported their experiences using graviola).

- With prostate cancer, it's common to see a slight increase in PSA numbers when first starting the supplement. This may be due to the body's need to slough off the dead cells.
- Graviola should not be combined supplements that increase ATP (these include coenzyme Q10, magnesium, vitamin C, and many B vitamins). Since one of the beneficial mechanisms of graviola is to inhibit ATP, these essential

nutrients may counteract or disable this mechanism.

- Although no drug reactions have been reported, in animal studies graviola seems to lower blood pressure, so people with low blood pressure or people taking blood pressure drugs should check with their doctors before taking graviola.
- Large single doses of graviola may cause nausea, but this can be avoided by lowering the dose and taking graviola with food.

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Setting the record straight about a supposed link to Parkinson's

If you search the Internet for information about Graviola, you are likely to run into a lot of skeptical reports, and not a lot of information about the studies. And you may also come across stories about a link to neurological disorders, including Parkinson's disease.

When you dig a little deeper, you'll see that there's more to the story.

Back in 1998, a French research team reported that a small isolated population in Guadeloupe, French West Indies, had a "statistically high incidence" of atypical Parkinson's disease. The researchers suspected some kind of environmental toxin or dietary cause, so they asked the people what they were eating. As it turned out, graviola fruit was a common part of the local diet, and graviola tea was a staple of their traditional medicine. So the research team pinned the blame for this condition on the graviola.

Concerned, the HSI research team went right to their most trusted source—HSI panelist and rainforest plant expert Leslie Taylor. And she was quick to poke holes in that theory. For one thing, the people afflicted were mostly poor disadvantaged black women from 20 to 35 years old. And while the researchers called the ailment atypical Parkinson's,

it was more of a catchall for a bunch of neurological symptoms.

Taylor also pointed out that graviola is common in the diets of Peruvians, Mexicans, Belizians, and just about all other people in the tropics, where graviola grows. You can find it in every grocery store or fruit market in Brazil, for example, and doctors in these areas use graviola leaf teas in herbal medicine just like they do in the West Indies. But people in these countries don't appear to have a higher incidence of Parkinson's or neurological disorders in general than you'd find anywhere else.

And when a research group at the Texas Health Science Center's Division of Neurology reviewed the French report, their conclusion was very different (and much more scientific). They compared the Guadeloupe problem to a similar problem in Cuba, in the early 1990s when around 60,000 people developed neuropathy. There, the outbreak of these types of symptoms was brought on by poor nutrition—and simply giving vitamins to the Cuban population ended the epidemic.

And while Taylor's company, Raintree Nutrition, was still operating (before she shut it down due to FDA harassment), not one single customer reported any side effects like the ones reported in the French study.

Beat cancer with the rainforest miracle

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- Long-term use of graviola might impact the friendly bacteria in the digestive tract (due to its antibacterial properties), so consider supplementing with probiotics to help keep those healthy bacteria in balance.

Also, it's best to drink plenty of water—at least eight glasses a day—while taking any graviola product.

Graviola conquers cancer... without defeating cancer patients

While there are still no clinical trials testing graviola against cancer—

and there may never be—the testimonials have been overwhelming. Every day, people, including many HSI members, are using graviola to defeat their cancer.

There are several different forms of graviola available, but most people seem to prefer the liquid extract. The extract does have a strong taste (it's extracted in alcohol), but mixing it into a small amount of warm water mellows out the taste. The manufacturer recommends taking 60 drops (approximately two droppers full) in water, three times a day.

The most potent formula is Graviola

Max, which combines two kinds of graviola, including the ultra powerful mountain graviola. The recommended dose of Graviola Max is four capsules, three times daily.

Be aware: There is a lot of unproven “graviola” out there. True, proven graviola (like you'll find in Graviola Max) is less common, and much harder to find. That's why HSI has found a new trustworthy, reliable source directly from Leslie Taylor, with her original formulas.

You can find ordering information for Graviola Max and Graviola Liquid Extract in your Member Source Directory below. **HSI**

The better way to beat diabetes

(continued from page 6)

small size of the capsules makes it easy to swallow.”

Gary T. was skeptical about trying GlucoCare, but his opinion has changed since he tried it. “I was diagnosed with prediabetes a couple of years ago. A couple of months after I started taking this supplement, my glucose level became more stable, and 10-15 lower than before. My diet and exercise regimen has not changed

much, so I find this to be biggest reason for that drop.”

And Beverly C. reported “I have been using this product over a month now and have noticed significant improvement in my craving for sugar. I am a pharmacist and would not attest a product, unless it worked. I have noticed about 70% decrease in my cravings for something sweet.”

Get your diabetes under control the right way with GlucoCare®

If you've been struggling to get your blood sugar under control, GlucoCare can help you get there... quickly.

The manufacturer recommends taking two capsules, twice a day, before meals. You can find ordering information for GlucoCare in your Member Source Directory below. **HSI**

MEMBER SOURCE DIRECTORY

Graviola Liquid Extract and Graviola Max, Rainforest Natural Products Inc., (305)235-9880; www.rainpharm.com. A 120-count bottle of Graviola Max costs US\$29.95, and a 2-oz bottle of Graviola Liquid Extract costs US\$23.00. HSI members will receive an exclusive 10% discount when purchasing two or more bottles by phone. Or HSI members can order online to get a 10% discount off the order with no minimum purchase. Simply use code **HSI92014** when ordering.

GlucoCare, Himalaya Herbal Healthcare, PH: (855) 665-8449. www.himalayausa.com. GlucoCare costs US\$22.95 for a bottle of 90 Vcaps and US\$39.95 for a bottle of 180 Vcaps. HSI members only can buy two bottles and get one free (limit two free bottles per customer) plus free shipping through September 30, 2014. Simply use code **HSIGLUCCO** when ordering. Product only available in the U.S.

Command Performance, NorthStar Nutritionals, PH: (800) 913-2592; www.northstarnutritionals.com. One bottle of Command Performance normally costs just US\$39.95 plus shipping for a one-month supply, but HSI members are entitled an exclusive 15% discount. Simply use code **G650Q701** when ordering. Product is not available in Austria, Australia, and Germany.

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Password: natural

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